



# StandStrong

First in Fall Defense

StandStrong is an individualized, evidence-based, physical and occupational therapy program that helps older adults reduce their chance of falling by over 50%.\*

## ○ Improve Strength and Balance

A local network of specially-trained physical therapists help improve patients' strength, balance and gait.

## ○ Reduce Falls Hazards

Occupational therapists help remove falls hazards, install safety devices and provide training to avoid falls in the home.

## ○ Convenience

PT/OT is provided in the home or outpatient clinic depending on patient's preference.

## ○ Individualized

All PT/OT is provided on a one-on-one basis per a plan tailored to each patient.

## ○ Covered by Medicare

Fully covered by Medicare and Medicare Advantage plans.

## ○ Physician Group Programs

StandStrong helps physician groups implement falls screening programs to reduce patient falls and injuries and increase the group's CMS MIPS scores and Medicare star rating.

\*Tricco, et al (2017). Comparisons of interventions for preventing falls in older adults. JAMA, 218(17): 1687-1699. doi: 10.1001/jama.2017.15006



A better option for your patients needing an effective, individualized fall prevention solution.



**StandStrong**  
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Refer your patients to a proven, comprehensive and convenient fall prevention solution.

602-777-6038 • [preventfalls.org](http://preventfalls.org)